

Description

A Christmas Reflection

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2020 is undoubtedly a year which will be etched into the fore of our memories for years to come. No explanation of why is necessary, but as this year is nearly over, I would like to take a few moments to reflect on some of the trials and tribulations we have encountered and over come as a maternity service. Almost from the start it has been a tumultuous [illegible] alvanising and enlivening.



er team for it.

It is, when we are challenged, that we begin to think more about what it means to be a professional. The simplicity of the fundamental tenets take on more significance in their meaning. Being a professional is in essence having the ability to inspire, to act and work in the best interest of the people in our care, regardless of what position we hold. It is about having courage to act in accordance with our core beliefs; being with women. A focus on building good consistent relational based care throughout a women's pregnancy, birth, and postnatal journey. Every interaction underpinned by kindness. It is about having courage even in the face of criticism to do what is right for those who seek our advocacy.

It sometimes means we need to find our inner strength and fight for what is safe and personalised care and never give up.



pandemic and my thoughts and prayers go
y families will be able to celebrate
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I personally would like to remember and pay tribute to one incredible midwife who sadly lost her life earlier this year. As a midwife she had the most amazing energy; a true gift and could in a smile, in her gentle manner make those around her; colleagues and women alike, feel like the most special person in the world. It gives me comfort to think that her spirit will live on in those lives she touched and as a fitting legacy to her; and to all those who have lost their lives this year, lets commit to ensuring that kindness and compassion for each other spreads far quicker than the virus.

I would like to end by saying **THANKYOU, THANKYOU** for everything you do. Feel Proud, Celebrate, because you are

amazing. xxxxxxxxx



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