

Description

Communication in Midwifery; Theory and Practice – edited by Tania Staras

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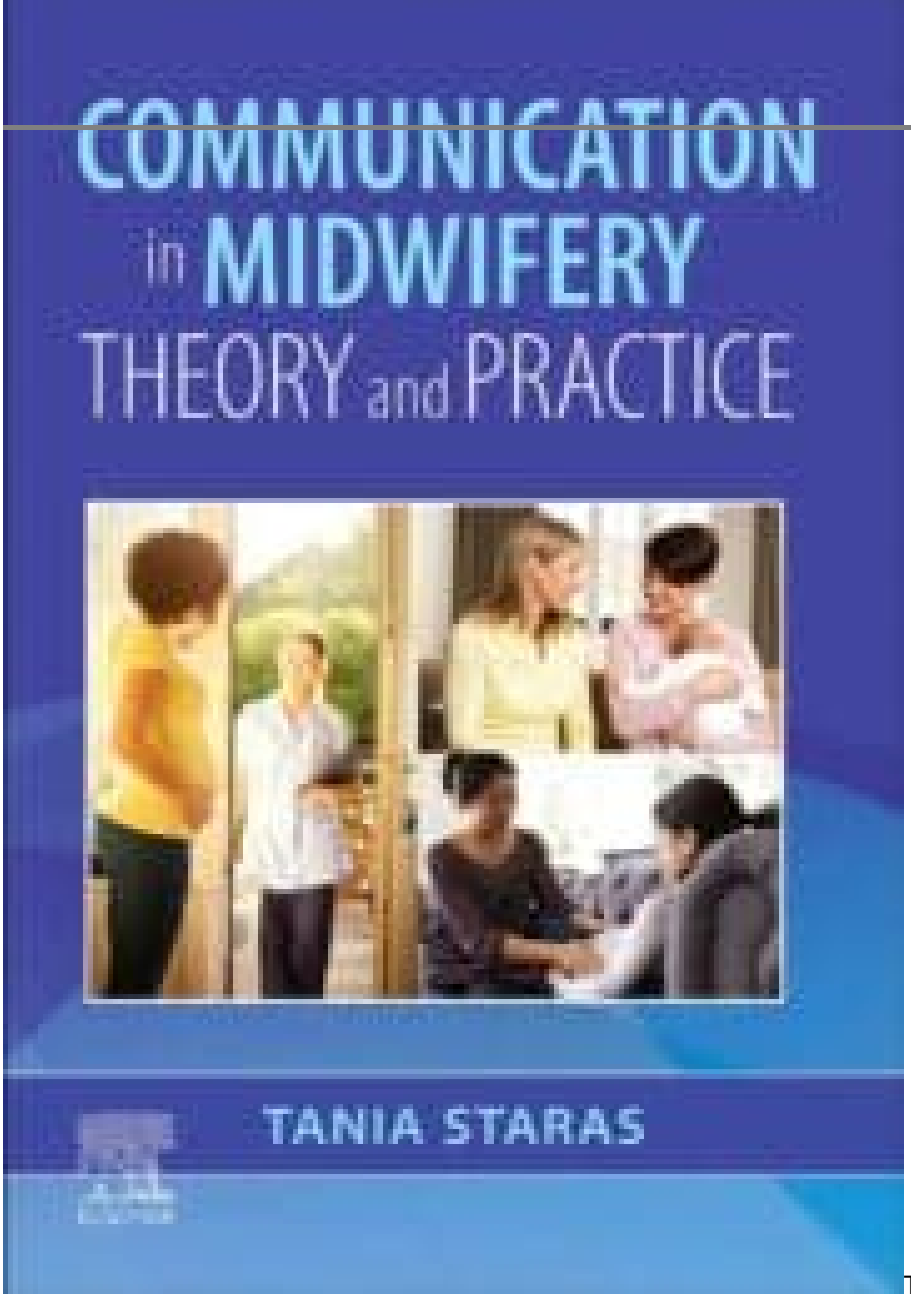

This book is presented in a format and style that many of us will recognise. Although the book would be incredibly helpful for student midwives, it provides a strong reminder of the importance of good communication however long you have been qualified. Through inviting contributors of various experience, skill and background, the book is able to explore principles and theories of communication through practical examples and modern day challenges now facing the midwifery profession.

The familiar ‘textbook’ format means that readers can approach it with confidence. The book is divided into four parts. The editor structures each chapter as a self-contained piece so readers can digest each concept addressed at their own pace. The biggest selling points are the moments of reflection; quick reflection’ points, ‘practice points’, ‘coffee break activities’, encouraging reflective practice as the reader explores key messages and the important case studies included.

> ..this book offers the reader an important starting point for key issues surrounding communication in midwifery practice whatever stage they are at in their midwifery career.

Although there is repetition of themes across chapters, this actually helps in demonstrating how complex an issue communication in midwifery practice can be. For instance, concepts such as how language is used is featured in a number of different chapters. Language has long been considered an important issue in midwifery with contrasting connotations between when midwives use the term ‘delivered’ instead of ‘birthed/birth’ and how issues around ‘risk’ are presented in the language we use. Not all contributors have used positive birth language and suggests an incongruous approach into communication by midwifery practitioners, academics and researchers.
Having said that this book offers the reader an important starting point for key issues surrounding communication in midwifery practice whatever stage they are at in their midwifery career.

Reviewed by: Natasha Soliman, Independent Midwife

Category

1. Book reviews

Tags

1. communication
2. midwifery practice
3. reflective practice

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