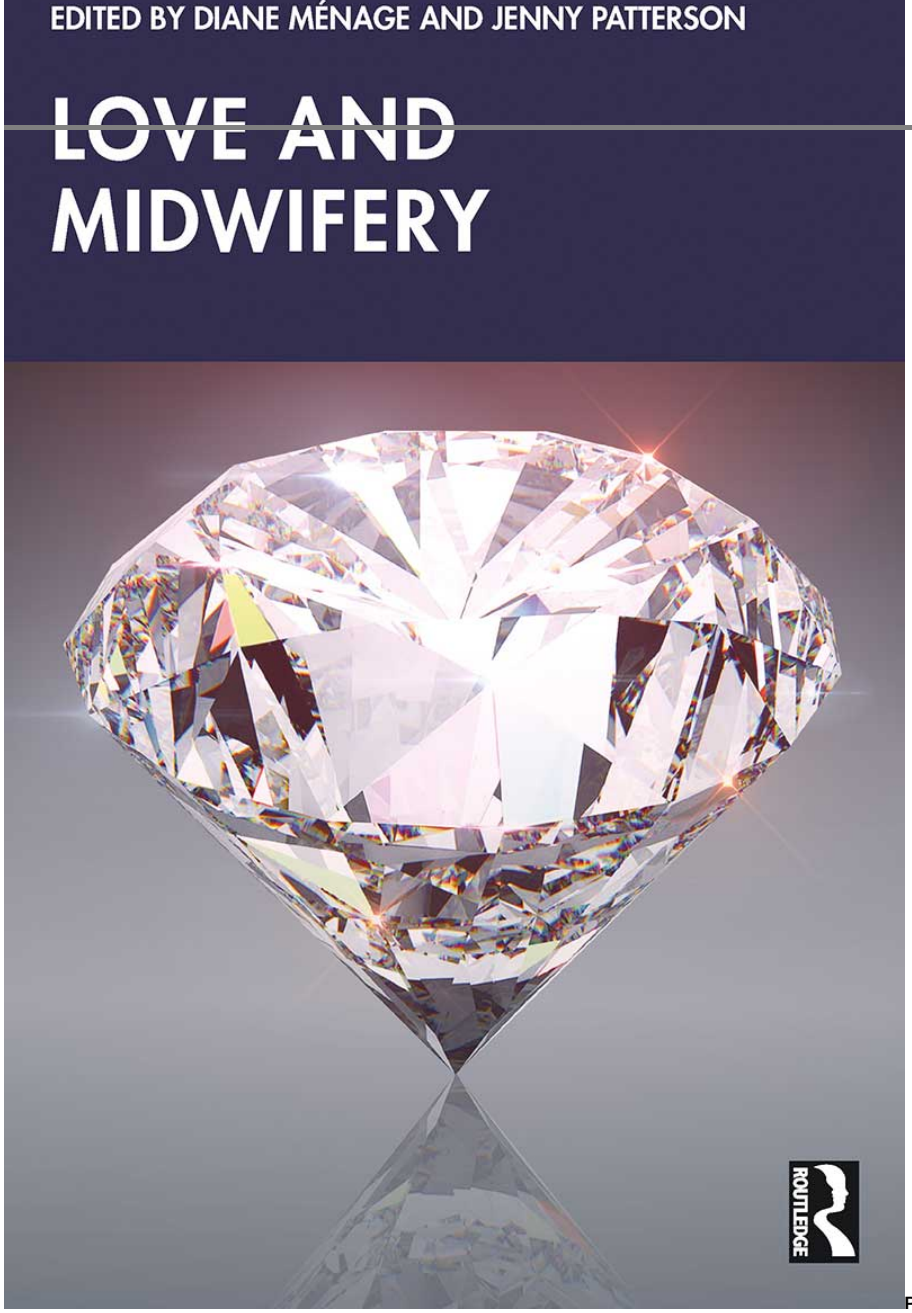


Description

Love and Midwifery

Edited by Diane Menage and Jenny Patterson



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209 pages

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Review by Iola Aaron. Clinical Supervisor for Midwives

I won't lie to you—I couldn't get through the introduction without sobbing. I felt understood, validated, and deeply

emotional. This intimate book shines a healing and profoundly compassionate light on the pain and distress experienced by many. It provides a rationale for why discussing midwifery in terms of love can feel uncomfortable—despite the quiet certainty that love is at its very core. It offers reassurance, understanding, and a practical way forward—as both a human and a midwife.

> ‘Love and Midwifery’ offers a positive and inspiring way forward.

The book is in three parts. Part I explores the complexity of what love is. Part II discusses love in practice using the five languages of love (touch, acts, words, time, and gift) giving many practical examples. It concludes with the wider context of love within the midwifery profession in Part III. Beautifully steered by Diane Menage and Jenny Patterson, this book is a coming together of an array of passionate and compassionate voices from within midwifery practice, leadership, and education. Each chapter is like a wave of clarity—each author coming from a different perspective (a different view of the diamond), but all moving effortlessly in the same direction. It feels like an uprising… one I want to be part of! Underpinned by evidence and robust, varied academic literature, this book is not fluffy—it’s courageous and powerful beyond words.

‘Love and Midwifery’ offers a positive and inspiring way forward. It’s a tonic for those working in the birthing world and invaluable to those tasked with the work of reviewing maternity care and shaping policy.

What has love got to do with it?… EVERYTHING!

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