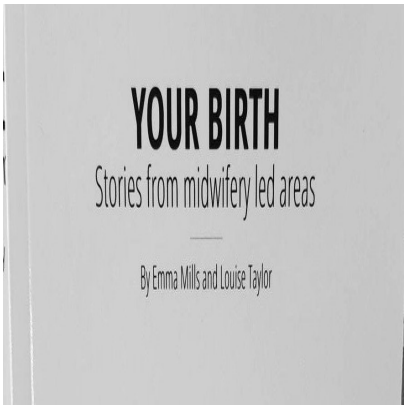


Description

Your Birth: Stories from Midwifery Led Areas

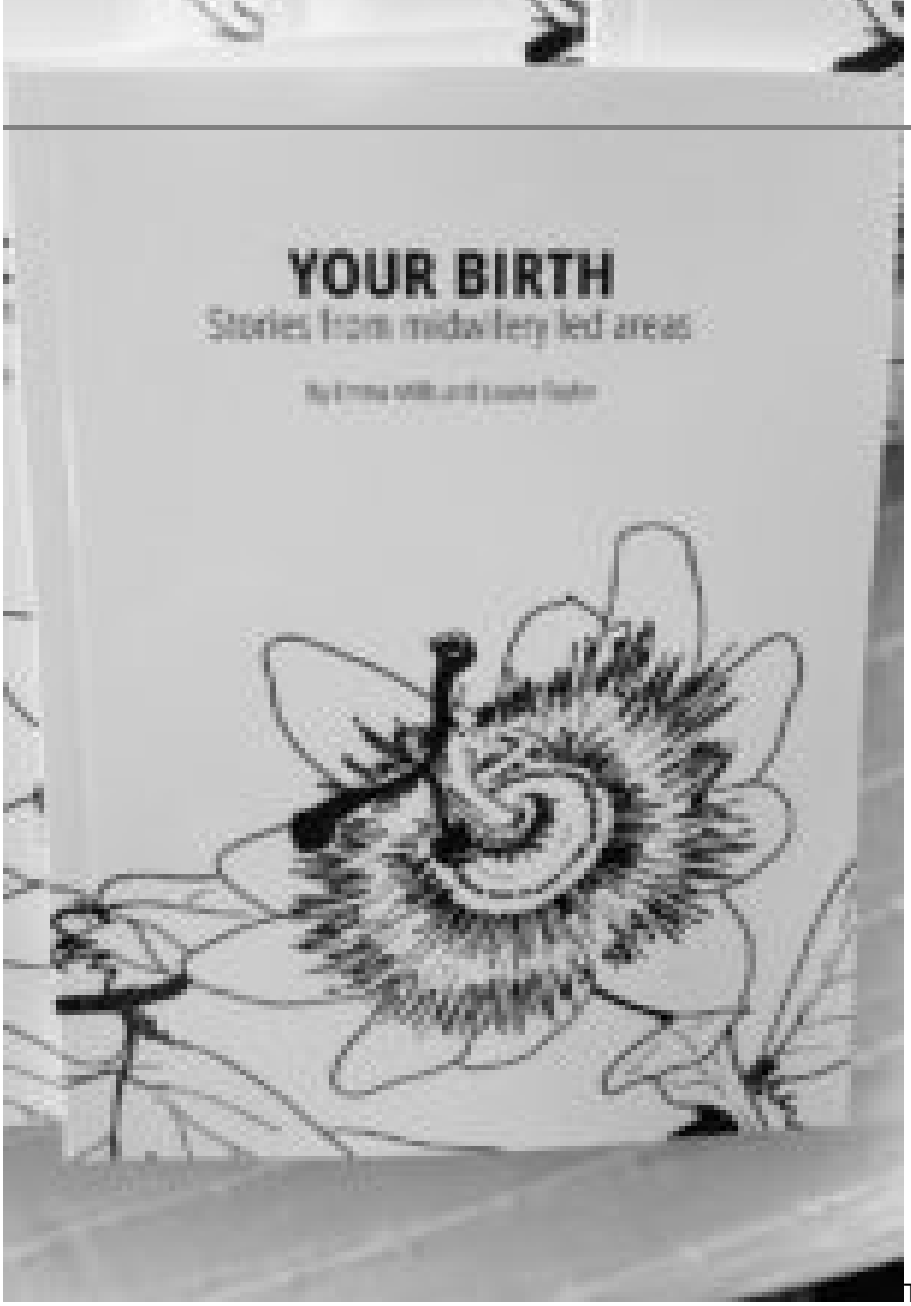
Your Birth: Stories from Consultant Led Areas

Clare Davison – Independent midwife/midwifery lecturer

Annemarie DeLeo – Midwifery Lecturer, Perth, Australia

These two books, published between 2018 and 2019 provide a woman's experience of the care received during pregnancy and birth in both midwifery- and obstetric-led services within the NHS.

Your Birth: Stories from Midwifery Led Areas



The first book provides a platform for women to share and reflect upon their pregnancy and birth experiences, which demonstrates the core of midwifery care and the intimate partnership between a woman and her midwife. The women recount the personal attention, woman-centred and diligent care received by midwives, and advocate for all women to have access to midwifery-led models of care.

The stories are emotional, real and untouched, drawing the reader into the lives of each woman and the experiences they share. It was a delight to read and evoked feelings of empowerment and equity for both midwives and childbearing women.

Your Birth: Stories from Consultant Led Areas

The second book provides insight into the antenatal and intrapartum experiences of a select group of women in varied consultant-led midwifery services within the NHS. Equally inspiring, this collection of stories shares similar experiences of women requiring obstetric intervention at various points of their childbearing experience.

The women recall the personal care and attention received by all maternity staff and confirm that obstetric services have the capacity to be woman centred and supportive of physiological birth. It also confirms that midwives working in consultant-led areas can provide the specialised service they advocate for, giving women the encouragement and support needed to ensure they achieve an empowering and positive birth experience.

Overall, an easy read and moving account of the positive birth experiences women can achieve in consultant-led areas.

As these books are written from the women's view, caution should be taken in regard to some medical advice in the women's stories, such as reasons for induction or augmentation, because these may be not be evidence based. **TPM**

Your Birth: Stories from Midwifery Led Areas by Emma Mills and Louise Taylor 2018, independently published, pbk, 162pp, £7.99, ISBN 978 1723 80634 6

Your Birth: Stories from Consultant Led Areas by Emma Mills and Louise Taylor 2019, independently published, pbk, 161pp, £7.99, ISBN 978 1795 63713 8

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