

Description

Did you know the Editorial Board for The

Student Midwife is made up of student and newly-qualified midwives? We commission, write and edit all the articles that fill our wonderful journal, so we know we're bringing content that is of the most interest and use to you. Let's dive in and meet one of the team!

This time we're talking to Bea, she is a newly-qualified community midwife in the West Midlands.

What's your role at TSM and how long have you been involved?

I've been an Editorial Board Member for two years.

What's your favourite part of being part of TSM?

I love the amazing connections you make with your team and the authors you are working with. There are so many opportunities for growth and there is great support from the whole team. You can bring the topics and issues you are most interested in and create amazing evidence-based information that can be shared to support the learning of student midwives.

What's your background?

I applied for midwifery after finishing my A-levels. I had previously worked as a pharmacy assistant and activities coordinator at a care home for dementia patients. I completed my Midwifery degree at the University of Nottingham in December 2020 and started my NQM role in 2021, in Birmingham. I am now a community midwife, and I am also completing a master's degree in Public Health at the University of Warwick.

What are your main values that drive you?

Kindness, integrity and commitment.

What's your proudest moment so far?

Probably when I won the RCM Student Midwife of the Year, but another moment that will always stay with me is when I supported my first birth independently as a NQM, I felt immense pride that this was my job!

Is there anything you dislike about midwifery?

How easily midwives can become burnt out and, as a result, we lose our amazing colleagues from the NHS. We need a shift in culture to have a greater focus on the wellbeing of our staff.

How do you think the service could be improved?

Greater efforts need to go into addressing birth trauma, especially in how we can minimise the risk of trauma occurring.

Labour Ward, Postnatal Ward or Community?

Community.

Is there a topic you'd like to learn about that isn't covered at university?

Postnatal care and health promotion post-birth – it is such a unique window of opportunity to support women and families to improve their health and wellbeing. I always think there is more room for infant feeding and perinatal mental health too.

What do you enjoy doing outside of university/midwifery?

I love walking my dogs and being outdoors. More recently, I have enjoyed going to the gym to destress from my busy work life. **TSM**

Category

1. Student Midwife Blog

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