



Travel Blog

Alessandra and Neesha were delighted to support the All Ireland Maternity and Midwifery Festival on 9th April 2024. We

left rainy Manchester behind and arrived in Dublin, greeted by the glorious sunshine and friendly people!

We were really looking forward to visiting Ireland, although Alessandra had been recently, I had not visited the Emerald Isle for a number of years and was looking forward to meeting all the friendly faces of the students and midwives that were attending the All Ireland Maternity and Midwifery Festival.

Arriving in the sunshine

We arrived at The Helix Centre, located on Dublin City University bright and early on Tuesday morning. The sun was shining, and we set up our table and stand ready to greet student midwives, midwives, doulas, midwifery leaders and midwifery lecturers.

The venue was warm and inviting, encouraging people to walk around in between talks and visit our table, where Alessandra and I were sharing information about our membership rates, our three practice-based journals and the brand



It was then time for me to present my session at the ‘Meet the expert’ slot. I used the opportunity to share my midwifery career journey but offered tips, advice, and guidance to all in the room, sharing my learning from my career journey. My top tips included:

- Remember the impact you have when caring for women and their families. People never forget how you made them feel.
- As students, midwives, and maternity care workers, you are all leaders and are able to positively influence families using evidence-based care.
- Find your tribe of students, midwives, midwifery leaders and maternity care workers. These are the people who share your values and will support you to make a positive change in your area of work and care.
- Look after your physical and mental health and wellbeing and the wellbeing of others around you.

I really enjoyed sharing my presentation with the full room of people who attended, I was so proud to stand at the front and share my story. I am often amazed that people come to listen to me, but felt so privileged that so many people came, listened, and approached me after the talk to share their stories with me.

Connections



What I love the most about these events, is the opportunity to meet new people and to connect with those who have an equal passion in making maternity care accessible and positive for all those who use it.

We met with so many students, midwives and doulas, having the opportunity to share our resources and details of the HUB with them all. We even met some of our authors and their friends, who shared with us about their friend @Martabume. Marta wrote an article published in The Student Midwife January 2024 on the impact of hypothyroidism on maternal and fetal outcomes. Her friends were so proud of her! Here is a link to her article

At All4Maternity, we love to connect with other maternity and perinatal care workers and link in with the growing and flourishing maternity community. When we meet with our members and others interested in our resources, it brings us immense pride to share our work and to celebrate all the positive things happening across our maternity services on a global scale.

We left the Helix, tired but fulfilled from a day of meeting new people, sharing our resources, and supporting existing members to register for the HUB. The journey home was definitely memorable, with storm Kathleen bringing a turbulent flight and a challenging landing for the pilot! We were pleased to be home and after a less eventful train journey, we arrived back at All4Maternity HQ in Lancashire, ready for the next event.

We hope to see you at the next event!

With love and positivity, Neesha

Category

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Tags

1. community

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