Skills Series Study Sheet

Vaginal examinations study sheet

1. What are the usual reasons for carrying out vaginal examinations? (list them).

2. Identify 3 key arguments against *routine* vaginal examinations.

3. Discuss the current evidence regarding the partograms, when might they be useful? But what the potential issues?

4. List all other methods of assessing labour progression and consider a time in practice when you have seen this in action.

5. Reflect on your own practice, what might you learn from this study sheet that could enhance your midwifery skill-set? Critically appraise your current skills, what are you already good at? What do you need to develop? Then create an action plan of how you can develop those skills.